

## Parent Leader Assessment

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**Instructions:**

Rank the words in each *row* (left to right). Place a **3** in the box that **best characterizes** you in your parenting role, a **2** in the box that somewhat characterizes you, a **1** in the box that least characterizes you. **Each box will have one number, 1, 2 or 3.** Don't over-think your responses. Be honest. Don't respond in the way you feel is socially desirable. There are no good or bad responses. **Remember: 3 BEST characterizes you and 1 LEAST characterizes you. Respond in the context of your parenting role.**

		<b>A</b>	<b>B</b>	<b>C</b>
1	I most value for my child...	Achievement <input type="checkbox"/>	Emotional connection <input type="checkbox"/>	Individuality <input type="checkbox"/>
2	My most important role as a parent is to...	Foster Individuality <input type="checkbox"/>	Build close connection <input type="checkbox"/>	Unleash potential <input type="checkbox"/>
3	I'm most likely to say...	Strive for success <input type="checkbox"/>	Be yourself <input type="checkbox"/>	Build healthy relationships <input type="checkbox"/>
4	My top priority as a parent is...	Encourage intimacy <input type="checkbox"/>	Foster independent thinking <input type="checkbox"/>	Encourage growth <input type="checkbox"/>
5	I most want my child to...	Be emotionally aware <input type="checkbox"/>	Be true to self <input type="checkbox"/>	Seek challenge <input type="checkbox"/>
6	Potential parental challenges for me:	Over reacting <input type="checkbox"/>	Pushing to hard <input type="checkbox"/>	Providing emotional support <input type="checkbox"/>
7	As a parent, I tend to be impatient with...	Conformity <input type="checkbox"/>	Apathy <input type="checkbox"/>	Insensitivity <input type="checkbox"/>
8	As a parent, I can be...	Competitive <input type="checkbox"/>	Over-involved <input type="checkbox"/>	Remote <input type="checkbox"/>

Scoring: Transfer the numbers (3, 2, 1) that you wrote in each square. For example, if you put a 3 in the first box (1A) then  $1A=3$ . When you are done, add up your totals. The highest total indicates your dominant parent orientation. If you have questions or comments, you may contact The Parent Leader at [inquiries@theparentleader.com](mailto:inquiries@theparentleader.com).

PROMOTE ACHIEVEMENT	BUILD RELATIONSHIPS	FOSTER INDIVIDUALITY
1A :	1B :	1C :
2C :	2B :	2A :
3A :	3C :	3B :
4C :	4A :	4B :
5C :	5A :	5B :
6B :	6A :	6C :
7B :	7C :	7A :
8A :	8B :	8C :
TOTAL : _____	TOTAL : _____	TOTAL : _____

**Promote Achievement - Achievers**

*“Our chief want in life is somebody who shall make us what we can be.” - Ralph Waldo Emerson*

Achievers’ central sense of satisfaction comes from their child’s growth and development. They see their most important role as inspiring learning and achievement. They raise the bar high, encouraging their child to stretch, to grow, and to continually seek new challenges.

**Build Relationships - Connectors**

*“Leadership is not an affair of the head. Leadership is an affair of the heart.” - Jim Kouzes and Barry Posner, The Leadership Challenge*

Connectors’ central sense of satisfaction comes from emotional connection with their child. They see their most important role as nurturing and expressing affection. They strive to ensure that each family member’s needs are heard and supported.

**Foster Individuality - Liberators**

*“Stop shielding your children and clipping their wings. Allow your children to develop along their own lines. Don’t prevent self-reliance and initiative.” - Eleanor Roosevelt*

Liberators’ central sense of satisfaction comes from seeing their child making their own choices and discovering their uniqueness. Liberations see their most important role as providing the room and the safety for their child to develop into unique, self-sufficient individuals. They strive to foster independent thinking.